

GINGER

FLOWER + FOOD FESTIVAL

Healthy Plants, Healthy Bodies

JANUARY 21-24

FREE
ADMISSION

ESTABLISHED FAVOURITES. FOUR DAYS OF FUN AND ENTERTAINMENT.

- Meet Australia's favourite gardening celebrities
- Thousands of exotic plants for sale
- On the spot expert advice
- Floral art demos and displays
- Gourmet cooking demos
- Book a special cooking class* with an award winning chef



NEW AND FREE! HEALTHY BODIES.

Join us for a range of guest speakers covering topics as diverse as:

- Joint health • Cold & flu
- Brain food - eating for stress
- Healthy hearts! • Diabetes
- Pre-conception health and pregnancy

BGT1017

THE
GINGER
FACTORY

gingerfactory.com.au

Pioneer Road, Yandina
1800 067 686

*Bookings essential. Ticket price applies.

Things you'll need to know:

Dates: Thursday 21st to Sunday 24th January, 2010

Times: Doors open 9am to 5pm Daily
Program sessions begin 10am each day

Admission: Entrance to the complex and gardens is free.

Admission to Marquee and Buderim Ginger Kitchen Sessions is free with seating on a first-in basis.

Buderim Ginger Cooking School Classes are \$95 per person.
Book early to avoid disappointment.

Parking: Plenty of free parking available onsite and curbside parking available in the surrounding streets. Local parking regulations apply.

Venue information

The Ginger Flower and Food Festival is held onsite at The Ginger Factory. All festival activities are held indoors or undercover. Some areas of the site and walkways are not covered. The Ginger Factory site is accessible by wheelchair and a majority of pathways are concreted.

Catering

The Ginger Cafe is located onsite and open from 9:00am to 4:45pm. The lunch menu is available throughout the day. Tea, coffee, cold beverages and snacks are also available including The Ginger Factory's famous freshly baked Ginger Scones.

The Buderim Bliss Icecreamery is open daily from 9:00am to 4:45pm and serves more than 40 flavours of icecream made fresh onsite.

The venue is fully licensed and BYO is not permitted.

What's to Do

The highlight of the Ginger Flower and Food Festival is the speakers program which runs in three venues from 10am to 3:30pm daily. Full program details are available at www.gingerfactory.com.au or by phoning 07 5446 7100.

Also available to keep you busy are gorgeous floral art displays, live entertainment and almost 12 000 ginger plants. Our guest speakers are available after each presentation to give expert advice or even just to have a chat.

Don't forget that all of the regular activities at the Ginger Factory are available during the festival including the Ginger Train, Overboard Boat Ride and the Superbee Live Bee Show. The Ginger Tour operates in a condensed form with special discount pricing - tasting is not included during the festival.

Ticket prices only apply to tours and rides.

Some interesting stuff to know

2010 will be the 14th Ginger Flower and Food Festival.

The first festival started as a weekend plant sale held at the peak of the ginger plants' flowering season. Ginger plants love hot summer weather so January is the best time of the year to see them.

All of the ginger plants available at the festival are grown locally and are ideal for South East Queensland gardens.

Many ginger plants are deciduous which means they die down in the winter - a great way to have a waterwise garden when they don't need watering in the driest part of the year.

The ginger plant family is one of the largest botanical families with hundreds of varieties and more added each year - there's always something new to see!